NINJARZ ACADEMY

ACADEMY PROFILE / DUBAI

Purposeful movement. Lasting confidence.

Parkour & ninja training
for children.

BOOK A FREE TRIAL
+971 52 540 1919

DAMAC Hills 1
Dubai, United Arab Emirates



Purposeful movement.
Personal progress.

NINJARZ Academy brings parkour and ninja-style obstacle activities to children in Dubai. Through coach-led movement challenges, children can explore new skills, practise persistence and enjoy being active.

Our approach

MOVE

Jumping, balancing, climbing and hanging through varied obstacle activities.

PLAY

Engaging challenges that make movement an enjoyable part of childhood.

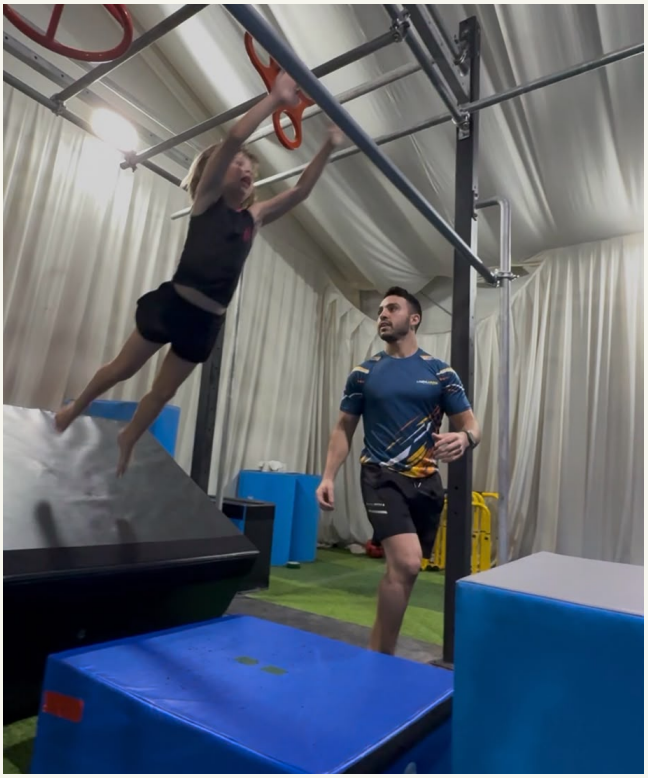
GROW

Opportunities to build coordination, strength and confidence through practice.



Experience NINJARZ with a free trial.
Subject to suitability and session availability.

Developing skills.
Building confidence.





What children explore

Parkour foundations - jumping, landing, balancing and moving around obstacles.

Ninja-style challenges - climbing, hanging and navigating equipment with coaching support.

Active discovery - trying new movement patterns and celebrating personal progress.

Activities, age suitability and session arrangements are confirmed by the team before booking.

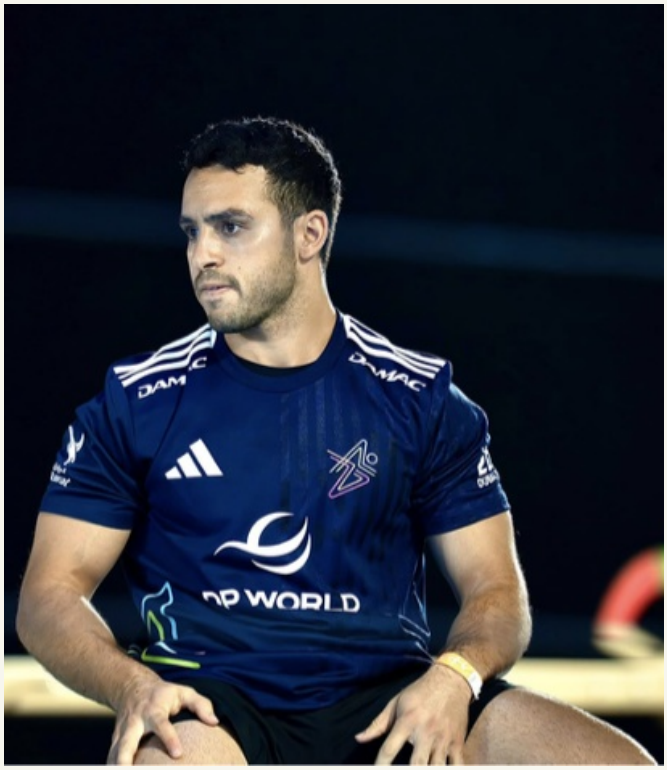
Experience that inspires movement.



ABDELRAHMAN AHMED

Co-Founder | Parkour & Ninja Coach

Over 8 years of experience in parkour and movement coaching, specializing in progressive, engaging training for children. Focused on agility, coordination, confidence and safe movement development.



HANY ZAHO

Co-Founder | Hybrid Athlete

High-performance athlete specializing in obstacle course racing, parkour and calisthenics. Represents the F3 / NAS team associated with H.H. Sheikh Hamdan bin Mohammed Al Maktoum.

Experience the academy.
Your first trial is free.

01 Request your free trial

Share your contact details, your child's first name and age, and your training preferences.

02 Confirm your trial session

Our team will confirm age suitability, an available trial time and the exact venue in DAMAC Hills 1.

03 Meet the team and train

Attend your complimentary session, meet the coaches and explore the options for ongoing training.

Connect with NINJARZ

DAMAC Hills 1, Dubai, UAE

WhatsApp +971 52 540 1919

Instagram @ninjarz.dxb

TikTok @ninjarz.dxb

DAMAC Hills 1, Dubai, UAE
The introductory trial is free, subject to suitability and availability. Our team confirms all trial bookings separately. No payment is required for the trial.